TWELVE THINGS TO KNOW



The service will last about 1.5 hours. Many people stand, but feel free to take a seat if needed. See ‡ on page 2 for times when one should stand, if able.



Restrooms are located down the stairs & past the kitchen. There is also an ADA restroom on the 1st floor of Trinity House. See a greeter for assistance.



Please join us downstairs for coffee and snacks following Divine Liturgy. We would love to get to know you!



There is a crying room/nursery downstairs. Audio of the service is piped in!



Our bookstore, located next door in Trinity House, is a great resource for all things Orthodox.



Lost and left items are kept for you in the Parish Hall Office. After several weeks, unclaimed items will be donated to charity.



Only those united to the Orthodox Church through Baptism, Chrismation, regular Confession, prayer, and fasting may partake of Holy Communion.



Help us keep in touch with you! Sign the guest register in the Narthex (vestibule) and provide your email (for weekly update) and/or snail mail (for monthly newsletter).



Welcome, PSU students! Get involved in our active campus ministry program by seeing a fellow student or emailing orthodox@psu.edu.



Holy Trinity has an education program for kids K-12, which meets Sundays at 9am (Sept. – May). Contact Deacon Mark for info.



Holy Trinity provides guidance to the Chapel of the Holy Spirit, our growing Orthodox mission in Beavertown. Contact Father David for details.



On Sundays, 27 spaces are available at the SW corner of Calder Way and Lark Alley. Other days, only the gravel spots are open.

FOR THE RECORD

ATTENDANCE

Holy Trinity (3/21): 57 Chapel of the Holy Spirit (3/21): 18

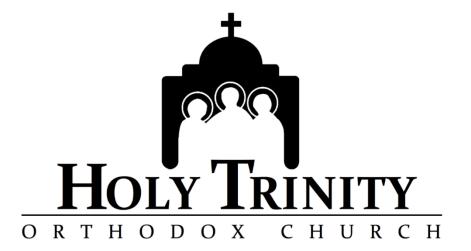
YOUR GENEROSITY

Weekly Budget Goal:	\$4,923
Collection (3/21):	\$3,771
Average – Last 4 Weeks:	\$4,171
Average – Last 12 Weeks:	\$4,093
Average – Last 52 Weeks:	\$4.481

WISDOM FROM THE FAITH

"Our hearts are made for God, St. Augustine has said, and we will be forever restless until we rest in Him... The Lenten season is the time for our conscious return to our true home. It is the time set aside for us to come to ourselves and to get up and go to the divine reality to which we truly belong."

~ Protopresbyter Thomas Hopko



Building Up the Church Beyond Our Parish

~ Holy Trinity Church is a community of Orthodox Christians seeking to glorify God by proclaiming the Gospel of Jesus Christ in its entirety to all people in the Centre Region and beyond ~

> March 28, 2021 Second Sunday of Lent St. Gregory Palamas

holytrinity-oca.org

THE DIVINE LITURGY

GATHERING the Church

- Great Litany (p.97) ‡
- The Antiphons (p.99)

PROCLAIMING the Word

- Little Entrance (p.106) †
- Today's Hymns (see next column) Epistle Reading: *Hebrews 1:10-2:3*
- Gospel Reading: Mark 2:1-12 ‡
- Sermon

THANKSGIVING for Redemption

- The Offering †
- Great Entrance (p.126)
- The Creed (p.133) †
- The Anaphora (p.134) †
- The Lord's Prayer (p.152) ‡
- Communion Hymn (see opposite page)
- Communion of the Faithful ‡
- Litany of Thanksgiving (p.164)

SENDING to Serve

- ◆ Dismissal & Veneration of the Cross*
- This Week's Events (see opposite page)
- † All stand.
- * All are welcome to greet the priest and kiss the cross, if they choose, at the end of the service.

Note: page numbers correspond to black Divine Liturgy book, available in the Narthex.

TODAY'S HYMNS

TROPARION

Resurrection (Tone 1)

When the stone had been sealed by the Jews; while the soldiers were guarding Thy most pure Body; Thou didst rise on the third day, O Savior, granting life to the world. The powers of heaven therefore cried to Thee, O Giver of Life: Glory to Thy Resurrection O Christ! Glory to Thy Kingdom! Glory to Thy dispensation, O Thou who lovest mankind.

St. Gregory Palamas (Tone 8)

O light of Orthodoxy, teacher of the Church, its confirmation, O ideal of monks and invincible champion of theologians, O wonderworking Gregory, glory of Thessalonica and preacher of grace, always intercede before the Lord that our souls may be saved. *Glory...*

KONTAKIA

St. Gregory Palamas (Tone 8)

Holy and divine instrument of wisdom, youthful trumpet of theology, together we sing thy praises, O God-inspired Gregory. Since thou standest before the Original Mind, guide our minds to Him, O Father, so that we may sing to thee: "Rejoice, preacher of grace." *Now and ever...*

Lenten Triodion (Tone 4)

Now is the time for action! Judgment is at the doors! So let us arise and fast, offering alms with tears of compunction and crying: "Our sins are more in number than the sands of the sea; but forgive us, O Master of All, so that we may receive the incorruptible crowns."

His Eminence +Melchisedek, Archbishop of Pittsburgh and Western Pennsylvania

Father Ignatius Hunter, Rector

Deacon Mark Oleynik, Director of Christian Ed.

Father David Smith, Associate Rector and Priest-in-Charge, Chapel of the Holy Spirit

WELCOME TO HOLY TRINITY!

We are delighted to have visitors worship with us, and we pray that you will be blessed through your participation in our services today. If this is your first time with us, please see our "Things to Know" on the back page. And if you have any questions, please ask one of our greeters!

TODAY'S HYMNS (continued)

PROKEIMENA

Resurrection (Tone 5)

Thou, O Lord, shalt protect us and preserve us from this generation forever.

St. Gregory Palamas (Tone 1)

My mouth shall speak wisdom, the meditation of my heart shall be understanding.

HYMN TO THE THEOTOKOS

Instead of "It Is Truly Meet...," we sing:

In Thee rejoices all creation, O Full of Grace; the assembly of angels and the race of men. O Sanctified Temple and spiritual Paradise, the glory of virgins from whom God was incarnate and became a child, our Eternal God. He made Thy body into a throne, and Thy womb He made more spacious than the heavens. In Thee rejoices all creation, O Full of Grace, glory to Thee!

COMMUNION HYMNS

Praise the Lord from the heavens! Praise Him in the highest!

The righteous shall be in everlasting remembrance! He shall not fear evil tidings! *Alleluia...*

THIS WEEK

TUESDAY, MARCH 30

Reading of the Life of 6:00 PM St. Anthony: Part 2

WEDNESDAY, MARCH 31

St. Innocent, Apostle to America

4:00 PM
6:00 PM
7:30 PM

FRIDAY, APRIL 2

Confessions	5:00 PM
Presanctified Liturgy	6:00 PM

SATURDAY, APRIL 3

Memorial Divine Liturgy	9:00 AM
Great Vespers	6:00 PM
Confessions	Following

SUNDAY, APRIL 4

Sunday of the Cross

Third and Sixth Hours 9:40 AM
Divine Liturgy 10:00 AM

BIRTHDAYS

Elliot Ashmore (3/28), Rdr. Samuel Leathers (4/1). **Many Years!**

Sundays: Divine Liturgy, 10am Saturdays: Great Vespers, 6pm Wednesdays: Vespers, 6pm **Appointments:** office@holytrinity-oca.org, 814-231-2855 **Inquiries into Orthodoxy:** info@holytrinity-oca-org

Additional Resources: holytrinity-oca.org