

## TWELVE THINGS TO KNOW



Fr. Ignatius is willing to meet with any parishioner or visitor by appt. To schedule, email him at [frignatius@holytrinity-oca.org](mailto:frignatius@holytrinity-oca.org) or call him at 814-231-2855.



Only those united to the Orthodox Church through Baptism, Chrismation, regular Confession, prayer, and fasting may partake of Holy Communion.



The service will last about 1.5 hours. Many people stand, but feel free to take a seat if needed. See on page 2 for times when one should stand, if able.



Help us keep in touch with you! Fill out a connection card in the Narthex (vestibule) and provide your email (for weekly update) and/or snail mail (for monthly newsletter).



Restrooms are located down the stairs & past the kitchen. There is also an ADA restroom on the 1<sup>st</sup> floor of Trinity House. See a greeter for assistance.



Welcome, PSU students! Get involved in our active campus ministry program by seeing a fellow student or emailing [scw5427@psu.edu](mailto:scw5427@psu.edu).



Please join us downstairs for coffee and snacks following Divine Liturgy. We would love to get to know you!



Holy Trinity has an education program for kids K-12, which meets Sundays at 9am (Sept. – May). Contact Pdn. Mark for info.



There is a crying room/nursery downstairs. Audio of the service is piped in!



If you need a ride to church, please contact Mka. Kelly Oleynik. Text: (814) 360-8425, Landline: (814) 308-9109, email: [ohkellyoh@hotmail.com](mailto:ohkellyoh@hotmail.com).



Our bookstore, located next door in Trinity House, is a great resource for all things Orthodox.



On Sundays, 27 spaces are available at the SW corner of Calder Way and Lark Alley. Other days, only the gravel spots are open.



## Building Up the Church Beyond Our Parish

~ Holy Trinity Church is a community of Orthodox Christians seeking to glorify God by proclaiming the Gospel of Jesus Christ in its entirety to all people in the Centre Region and beyond ~

### FOR THE RECORD

#### ATTENDANCE

Holy Trinity (10/22):	86
Chapel of the Holy Spirit (10/22):	24

#### YOUR GENEROSITY

<b>Weekly Budget Goal:</b>	<b>\$4,839</b>
Collection (10/22):	\$5,517
Average – Last 4 Weeks:	\$4,548
Average – Last 12 Weeks:	\$4,333
Average – Last 52 Weeks:	\$4,423

### MILESTONES

**Birthdays:** Theodora Hunter (11/1)  
**Many years!**

### WEDDING BANNIS

Sophia Welch and Nathaniel Scott Parkhill will be joined in Holy Matrimony at St. Nicholas Cathedral in Washington, D.C. on November 11th at 1pm.

Julie Kocjancic and Anthony Cassar will be joined in Holy Matrimony at St. Vladimir Church in Trenton, NJ on November 11th at 2pm.

Tiffany Willbanks and Micah Cattell will be joined in Holy Matrimony on November 12th at Holy Trinity at 2pm.

**October 29, 2023**

21<sup>st</sup> Sunday After Pentecost  
Saint Anastasia of Rome

# THE DIVINE LITURGY

## GATHERING the Church

- ♦ Great Litany (p.29) †
- ♦ The Antiphons (p.32)

## PROCLAIMING the Word

- ♦ Little Entrance (p.39) †
- ♦ Today's Hymns (see next column)
- ♦ Epistle Readings: *Galatians 2:16-20*
- ♦ Gospel Readings: *Luke 8:26-39* †
- ♦ Sermon

## THANKSGIVING for Redemption

- ♦ The Offering
- ♦ Great Entrance (p.57) †
- ♦ The Creed (p.63)
- ♦ The Anaphora (p.64) †
- ♦ The Lord's Prayer (p.75) †
- ♦ Communion Hymns
- ♦ Communion of the Faithful †
- ♦ Litany of Thanksgiving (p.87)

## SENDING to Serve

- ♦ Dismissal & Veneration of the Cross\*
- ♦ This Week's Events (see opposite page)

† All stand.

\*All are welcome to greet the priest and kiss the cross, if they choose, at the end of the service.

Note: page numbers correspond to black Divine Liturgy book, available in the Narthex.

## TODAY'S HYMNS

### TROPARIA

#### Resurrection (Tone 4)

When the women disciples of the Lord learned from the angel the joyous message of Thy Resurrection; they cast away the ancestral curse and elatedly told the apostles: Death is overthrown! Christ our God is risen, granting the world great mercy.

#### Saint Anastasia (Tone 4)

Thy lamb Anastasia calls out to Thee, O Jesus, in a loud voice: "I love Thee, my Bridegroom, and in seeking Thee I endure suffering. In baptism I was crucified so that I might reign in Thee, and I died so that I might live with Thee. Accept me as a pure sacrifice, for I have offered myself in love." Through her prayers save our souls, since Thou art merciful!

### KONTAKIA

#### Resurrection (Tone 4)

My Savior and Redeemer as God rose from the tomb and delivered the earthborn from their chains. He has shattered the gates of hell, and as Master, He has risen on the third day!  
*Glory...*

#### Saint Anastasia (Tone 3)

Purified by the waters of virginity, righteous Anastasia, thou wast crowned by the blood of martyrdom. Thou dost grant healing and salvation to those in need, and who call on thee from their hearts, for Christ gives thee strength, pouring out on thee ever-flowing grace.

*Now and ever...*

# WELCOME TO HOLY TRINITY!

We are delighted to have visitors worship with us, and we pray that you will be blessed through your participation in our services today. If you have any questions, please ask one of our greeters!

## TODAY'S HYMNS (continued)

### KONTAKIA (continued)

#### Steadfast Protectress

O Protection of Christians that is not put to shame, unchanging mediation before the Creator, despise not the voice of the sinners' prayer, but in that thou art good, come quickly to help us who call upon thee in faith; make speed to intercede and make haste to supplicate, O Theotokos, who dost ever protect those that honor thee.

### PROKEIMENON

#### Resurrection (Tone 4)

O Lord how manifold are thy works! In wisdom hast thou made them all!

### COMMUNION HYMN

Praise the Lord from the heavens, praise Him in the highest!

*Alleluia...*

## NUTRITION LINKS

Are you interested in learning to how to eat better for less? On Thursday evenings, we are hosting Nutrition Links, a Penn State extension program that can help you learn to eat healthy on a limited budget, learn to plan low-cost, fast and easy meals, learn to keep foods safe to eat, and sample healthy foods. You can also win prizes! This free class is offered to parents or caregivers of a child under 19, and young adults 18-25 who qualify for Free or Reduced School Lunch, WIC, SNAP, Food Pantry boxes, or PA Farmers Market Vouchers. Classes will be held from 5:30PM-7PM on October 19, 26, November 2, 9, 16, and 30th. For more information, contact Leoni Georgiou at [lum27@psu.edu](mailto:lum27@psu.edu)

## THIS WEEK

### WEDNESDAY, NOVEMBER 1

Confessions	4:00 PM
Vespers	6:00 PM
Orthodoxy 101	7:00 PM

### SATURDAY, NOVEMBER 4

Great Vespers	6:00 PM
Confessions	7:00 PM

### SUNDAY, NOVEMBER 5

Sunday School	9:00 AM
Divine Liturgy	10:00 AM

## STEWARDSHIP SUNDAY

Join us in celebrating Steward Sunday on November 5, 2023, as designated by His Beatitude Metropolitan Tikhon, to support the vital work of the Orthodox Church in America. Your generous contributions sustain various ministries and enabled last year's achievements, including over 700 downloadable liturgical music files, Church School teacher units, and online music courses. To donate go to <https://www.oca.org/become-a-steward>

## THANKSGIVING DRIVE

This year's Matthew 25 Thanksgiving Drive is now underway! The drive will provide complete holiday meals to 21 local families (107 adults and children) in need. You may sign up to purchase side dishes on the sheet in the Narthex. Monetary donations to cover the cost of turkeys are also greatly appreciated and should be made to Matthew 25.

His Eminence +Melchisedek, Archbishop of Pittsburgh and Western Pennsylvania

Father Ignatius Hunter, Rector

Protodeacon Mark Oleynik, Director of Christian Ed.

Father David Smith, Associate Rector and

Priest-in-Charge, Chapel of the Holy Spirit

Sundays: Divine Liturgy, 10am

Saturdays: Great Vespers, 6pm

Wednesdays: Vespers, 6pm

Appointments: [office@holyltrinity-oca.org](mailto:office@holyltrinity-oca.org), 814-231-2855

Inquiries into Orthodoxy: [info@holyltrinity-oca.org](mailto:info@holyltrinity-oca.org)

Additional Resources: [holyltrinity-oca.org](http://holyltrinity-oca.org)