

## TWELVE THINGS TO KNOW



Fr. Ignatius is willing to meet with any parishioner or visitor by appt. To schedule, email him at [frignatius@holytrinity-oca.org](mailto:frignatius@holytrinity-oca.org) or call him at 814-231-2855.



Only those united to the Orthodox Church through Baptism, Chrismation, regular Confession, prayer, and fasting may partake of Holy Communion.



The service will last about 1.5 hours. Many people stand, but feel free to take a seat if needed. See † on page 2 for times when one should stand, if able.



Help us keep in touch with you! Fill out a connection card in the Narthex (vestibule) and provide your email (for weekly update) and/or snail mail (for monthly newsletter).



Restrooms are located down the stairs & past the kitchen. There is also an ADA restroom on the 1<sup>st</sup> floor of Trinity House. See a greeter for assistance.



Welcome, PSU students! Get involved in our active campus ministry program by seeing a fellow student or emailing [scw5427@psu.edu](mailto:scw5427@psu.edu).



Please join us downstairs for coffee and snacks following Divine Liturgy. We would love to get to know you!



Holy Trinity has an education program for kids K-12, which meets Sundays at 9am (Sept. – May). Contact Pdn. Mark for info.



There is a crying room/nursery downstairs. Audio of the service is piped in!



If you need a ride to church, please contact Mka. Kelly Oleynik. Text: (814) 360-8425, Landline: (814) 308-9109, email: [ohkellyoh@hotmail.com](mailto:ohkellyoh@hotmail.com).



Our bookstore, located next door in Trinity House, is a great resource for all things Orthodox.



On Sundays, 27 spaces are available at the SW corner of Calder Way and Lark Alley. Other days, only the gravel spots are open.



## Building Up the Church Beyond Our Parish

~ Holy Trinity Church is a community of Orthodox Christians seeking to glorify God by proclaiming the Gospel of Jesus Christ in its entirety to all people in the Centre Region and beyond ~

### FOR THE RECORD

#### ATTENDANCE

Sunday 3/24: 141

#### YOUR GENEROSITY

**Weekly Budget Goal:** \$4,929  
 Collection (3/24): \$3,744  
 Average – Last 4 Weeks: \$4,560  
 Average – Last 12 Weeks: \$4,364  
 Average – Last 52 Weeks: \$4,615

### MILESTONES

**Birthdays:** Mariam Gogia (3/31), Samuel Leathers (4/1), Julia Rush (4/4), Corielle Stickles (4/4), Ed Miranda (4/6), Hana Abraha (4/6)  
**Many years!**

### APRIL 7<sup>th</sup> ASSEMBLY

On April 7<sup>th</sup> a special assembly will be called for the purpose of transferring the real estate of the former Chapel of the Holy Spirit legally from the possession of Holy Trinity Orthodox Church to the newly-incorporated Orthodox Christian Church of the Holy Spirit. It should be a very short meeting (5-10 minutes) but must be attended by 51% of 2023 voting members to be legally valid.

**March 31, 2024**  
 2<sup>nd</sup> Sunday of Lent  
 St. Gregory Palamas  
 St. Innocent, Enlightener of the Aleuts

# THE DIVINE LITURGY

## GATHERING the Church

- ♦ Great Litany (p.29) †
- ♦ The Antiphons (p.32)

## PROCLAIMING the Word

- ♦ Little Entrance (p.39) †
- ♦ Today's Hymns (see next column)
- ♦ Epistle Readings: *Heb 1:10-2:3*
- ♦ Gospel Readings: *Mark 2:1-12* †
- ♦ Sermon

## THANKSGIVING for Redemption

- ♦ The Offering
- ♦ Great Entrance (p.57) †
- ♦ The Creed (p.63)
- ♦ The Anaphora (p.64) †
- ♦ The Lord's Prayer (p.75) †
- ♦ Communion Hymns
- ♦ Communion of the Faithful †
- ♦ Litany of Thanksgiving (p.87)

## SENDING to Serve

- ♦ Dismissal & Veneration of the Cross\*
  - ♦ This Week's Events (see opposite page)
- † All stand.

\*All are welcome to greet the priest and kiss the cross, if they choose, at the end of the service.

Note: page numbers correspond to black Divine Liturgy book, available in the Narthex.

## TODAY'S HYMNS

### TROPARIA

#### Resurrection (Tone 2)

When Thou didst descend to death, O Life Immortal, Thou didst slay hell with the splendor of Thy Godhead! And when from the depths Thou didst raise the dead, all the powers of heaven cried out: O Giver of Life! Christ our God! Glory to Thee!

#### St. Gregory (Tone 8)

O light of Orthodoxy, teacher of the Church, its confirmation, O ideal of monks and invincible champion of theologians, O wonderworking Gregory, glory of Thessalonica and preacher of grace, always intercede before the Lord that our souls may be saved.

#### St. Innocent (Tone 4)

O holy father Innocent, in obedience to the will of God thou didst accept dangers and tribulations bringing many peoples to the knowledge of truth; thou didst show us the way. And now by thy prayers, help lead us into the Kingdom of Heaven.

### KONTAKIA

#### St. Innocent (Tone 2)

Thy life, holy father Innocent, Apostle to our land, proclaims the dispensation and grace of our God! For laboring in dangers and hardships for the Gospel of Christ thou wast kept unharmed and wast exalted in humility. Pray that He may guide our steps in the way we should go.

*Glory...*

# WELCOME TO HOLY TRINITY!

We are delighted to have visitors worship with us, and we pray that you will be blessed through your participation in our services today. If you have any questions, please ask one of our greeters!

## TODAY'S HYMNS (continued)

### KONTAKIA (continued)

#### St. Gregory (Tone 8)

Holy and divine instrument of wisdom, joyful trumpet of theology, together we sing thy praises, O God-inspired Gregory. Since thou now standest before the Original Mind, guide our minds to Him, O Father, so that we may sing to thee: Rejoice, preacher of grace."

*Now and ever...*

#### Triodion (Tone 4)

Now is the time for action! Judgement is at the doors! So let us rise and fast, offering alms with tears of compunction and crying: "Our sins are more in number than the sands of the sea; but forgive us, O Master of All, so that we may receive the incorruptible crowns."

### PROKEIMENON

#### Ressurrection (Tone 5)

Thou, O Lord, shalt protect us and preserve us from this generation forever!

#### St. Gregory Palamas (Tone 1)

My mouth shall speak wisdom, the meditation of my heart shall be understanding.

### HYMN TO THE THEOTOKOS

#### Instead of "It is truly meet.."

All of creation rejoices in thee, O Full of Grace: the assembly of angels and the race of men. O sanctified temple and spiritual paradise, the glory of virgins, from whom God was incarnate and became a Child: our God before the ages. He made thy body into a throne, and thy womb He made more spacious than the heavens. All of creation rejoices in thee, O Full of Grace.

## THIS WEEK

### TODAY

SOUP-er Sunday 12:00 PM

### WEDNESDAY, APRIL 3

Confessions 4:00 PM  
Presanctified Liturgy 6:00 PM  
Lenten Potluck 7:30 PM

### FRIDAY, APRIL 5

Confessions 5:00 PM  
Presanctified Liturgy 6:00 PM

### SATURDAY, APRIL 6

Choir Rehearsal 4:00 PM  
Great Vespers 6:00 PM  
Confessions 7:00 PM

### SUNDAY, APRIL 7

Sunday School 9:00 AM  
Divine Liturgy 10:00 AM  
Parish Special Assembly 11:45 AM

### COMMUNION HYMN

Praise the Lord from the heavens, praise Him in the highest!

The righteous shall be in everlasting remembrance! He shall not fear evil tidings!

*Alleluia...*

### SOUPER SUNDAY

Today our Sunday School students will host Souper Sunday to benefit Project Mexico, our Matthew 25 beneficiary. The luncheon will feature soups, salads, and bread prepared and served by our students. There will be a free-will offering. Please plan to attend and support our children's efforts for our beneficiary.

His Eminence Melchisedek, Archbishop of Pittsburgh and Western Pennsylvania  
Father Ignatius Hunter, Rector  
Protodeacon Mark Oleynik, Director of Christian Ed.

Sundays: Divine Liturgy, 10am  
Saturdays: Great Vespers, 6pm  
Wednesdays: Vespers, 6pm

Appointments: office@holyltrinity-oca.org, 814-231-2855  
Inquiries into Orthodoxy: info@holyltrinity-oca.org  
Additional Resources: holyltrinity-oca.org